

COLLEGE OF ENGINEERING & MANAGEMENT, KOLAGHAT

No. CEM/107/D/1105/Health Club/01/2026

6th October, 2026

MEMO

YOUTH MENTAL HEALTH CLUB COMMITTEE

The Youth Mental Health Club is intended to create awareness about mental health and well-being and to facilitate access to appropriate mental health support and services without any financial commitment to the students. The Club will provide a safe, supportive and confidential environment where students can discuss their mental health concerns and seek appropriate guidance and support. Accordingly, the following Youth Mental Health Club Committee is hereby constituted with immediate effect:

1. **Convener:** Prof. Paramita Mukherjee
2. **Members:** a) Prof. Tirtha Sankar Daphadar
b) Mr. Pradipta Maity
c) Mr. Sourav Sau
3. **Advisory Member:** Prof. Taniya Purkait (Nath) – for providing necessary guidance and facilitating collaboration with MPower, Aditya Birla Education Trust.
The Advisory Member is requested to hand over all necessary documents and relevant information concerning the Club and its activities to the Convener.

Functions of the Committee

1. The Committee shall organize workshops, seminars, awareness programmes and other relevant activities on mental health and well-being at regular intervals, preferably 2 to 4 activities per semester.
2. The Committee shall maintain proper records of all activities conducted and regularly upload brief reports and geo-tagged photographs, wherever appropriate, on the College website.
3. The Committee shall encourage students to seek appropriate professional support whenever necessary and facilitate access to available mental health resources and services.
4. The Committee shall maintain appropriate confidentiality regarding students' personal concerns and interactions.

All HoDs are requested to extend necessary cooperation and support to the Committee as and when required.

All the previous committee members are hereby relieved of their responsibilities, with thanks for their support.


Prof. Dr. Dilip Kumar Gayen
DIRECTOR

Copy to:

1. All HoDs
2. All concerned Committee Members
3. DR (F&A)