

COLLEGE OF ENGINEERING & MANAGEMENT, KOLAGHAT

MEMO

Youth Mental Health Club Committee

Ref:CEM/D/Memo/5/2024

8th February, 2024

MPower is a leading mental health organization that aims to create awareness and provide accessible mental healthcare services without any financial commitment. As part of the collaboration with MPower, the Aditya Birla Education Trust is interested in introducing Mental Health Clubs in our college. This club will provide a safe and supportive space for our students to discuss their mental health concerns. Therefore, the following committee is hereby constituted under the umbrella of the General Council.

Youth Mental Health Club Committee:

1. Convener; Prof. Taniya Purkait, AP, IT
2. Members:
 - a) Prof. Soumi Ganguly, AP, AEIE
 - b) Sri Surajit Maiti, Sr.TA, IT

Functions:

- 1) The committee is tasked with organizing workshops/seminars and others activities at regular intervals, with a minimum frequency of 2 to 4 per semester.
- 2) It is recommended that the committee regularly uploads reports and photos (geo-tagged) concerning these events to the college website.

All the HODs are requested to help and support the committee as and when required.



(Dr. Dilip Kumar Gayen)
DIRECTOR

Copy to :

- 1) All HODs
- 2) Convener
- 3) All Members
- 4) DR (F&A)
- 5) GC (President)